



Holly's Healing Heart

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Lake Forest, IL 60045

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COACHING AGREEMENT

The following represents the contract between, Holly's Healing Heart, LLC, and _____, known as the "client." Services will be provided in person or virtually. Coaching is a partnership focused on developing the client's awareness, thinking and ability to engage in emotional wellness, day-to-day manageability, and strategic life coping skills.

Please note, coaching is not a substitute for psychotherapy, psychoanalysis, **counseling or substance abuse treatment. I do not diagnose or prescribe medication.**

LIMITATION OF LIABILITY

This contract does not hold Holly Curtis responsible for any adverse consequences, including but not limited to financial, personal, employment or other losses arising out of decisions or actions the client may make as a result of therapeutic coaching services.

Client Signature

Date